



Which healthy foods are targeting you with these symptoms?

Chronic Fatigue Syndrome (ME)

Muscle and Joint Complaints (Rheumatoid Arthritis, Fibromyalgia, General Pains)

Gastrointestinal Conditions (Nausea, Heartburn, Gastritis, Bloating, Flatulence, Diarrhoea, Constipation, Irritable Bowel Syndrome, Crohn's Disease, Ulcerative Colitis)

Skin Complaints (Itching, Eczema, Acne in Adults, Hives)

Migraine and Other Headaches

Respiratory Conditions (Asthma, Chronic Rhinitis, Sinusitis, Hay Fever)

Cardiac Conditions (Palpitations, Skipped Heart Beats)

Urinary Complaints (Bed Wetting, Frequent Urination)

Psychological Disorders (Anxiety, Depression, Behavioral Disturbances, Hyperactivity / ADHD, Nervousness, Sleeplessness)

Neurological Conditions (Dizziness, Multiple Sclerosis, Epilepsy, Ménière's Disease, Tinnitus)

Hypoglycemia

Premenstrual Syndrome

Candida

How could *food* be making you feel so bad? Get the answers on May 16, 2011

TIME: 6:30PM - 8:30PM (Monday)

WHERE: Waters Edge Healing Arts & Music
16710 fm 306
Canyon Lake, TX 78133
www.WatersEdgeHealingArts.com

COST: \$20 at the door

with Nerissa Oden of www.FoodPowers.com

I healed my headaches,
hay fever, and more. I
gained energy and focus –
*just by getting a
food sensitivity test!*

